

Post-Traumatic Stress Injury (PTSI) Prevention Framework

Foundational strategies to create a healthy work environment and protect PSP from potential impacts of traumatic exposures.

Prevention

- Supportive leadership and organizational policies
- Mental health awareness
- Anti-stigma
- Resiliency building

Early Detection and Intervention

- Self-assessment and monitoring
- Family engagement
- Incident reporting
- Incident response
- Access to supports

Measures to identify the earliest stages of PTSI allowing for timely intervention to improve outcomes.

Symptom Management

- Coordination and access to specialized supports and resources

Measures to minimize the impact of persistent PTSI symptoms through formal and specialized supports.

Recovery and Return to Work

- Return-to-work
- Reintegration

Measures to support transition back to work after PTSI recovery, with the aim of gradual reintegration and successful retention.

An integrated, holistic approach to PTSI prevention and management within an organization's occupational health and safety management system, aimed at supporting stay-at-work.